

# North Schuylkill Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
8/5/24	8/6/24	8/7/24	8/8/24	8/9/24
8/12/24	8/13/24	8/14/24	8/15/24	8/16/24
8/19/24	8/20/24	8/21/24	8/22/24	8/23/24
8/26/24	8/27/24	8/28/24	8/29/24	8/30/24
Sausage Biscuit or Assorted Cereals with Muffin or Toast	Cheddar Omelet with Toast or Assorted Cereals with Muffin or Toast	Breakfast Pizza or Assorted Cereals with Muffin or Toast	Fluffy Pancakes with Sausage or Assorted Cereals with Muffin or Toast	NO SCHOOL
Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	
<b>Student Paid Breakfast \$0.00</b>		<b>Student Reduced Breakfast \$0.00</b>		<b>Adult Breakfast \$1.95</b>

**What is a Meal?**  
 You must choose at least 3 of the 4 components available for the school breakfast price.

Choice of: Grain or grain/protein  
 Choice of fruit or vegetable (must take at least a 1/2 cup) and  
 Choice of Milk  
 Choice of Milk - 1% white, fat-free white, chocolate, vanilla and strawberry

You must take at least 1/2 cup of fruit or vegetable

**Fruit May Include:**  
 Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple, orange), fresh fruit selection including apples, bananas and oranges

**Whole Grain Cereal Selection May Include:**  
 Cinnamon Toast Crunch  
 Trix  
 Cocoa Puffs  
 Cheerios  
 Honey-Nut Cheerios  
 Fruit Loops

