

BABY



Black Bean

Meet Your Nutritious Friend:
Baby Black Bean

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|--|--|
| | | 1 Chicken Nuggets with a Whole Grain Dinner Roll FEATURED VEGGIES French Fries Carrot Sticks | 2 NO SCHOOL! | 3 NO SCHOOL! |
| 6 NO SCHOOL! | 7 Beef Soft Tacos Super Fruit Craveable FEATURED VEGGIES Refried Beans Lettuce & Tomato | 8 Chicken Cheesesteak FEATURED VEGGIES Glazed Carrots Broccoli Salad | 9 Salisbury Steak Super Fruit Craveable FEATURED VEGGIES Buttered Noodles Cole Slaw | 10 Pepperoni Pizza FEATURED VEGGIES Oven Browned Sweet Potato Corn Salad |
| 13 Sloppy Joe on Brioche Roll FEATURED VEGGIES Oven Fries Chickpea Salad | 14 Walking Taco with Pretzel Stick Pizza Craveable FEATURED VEGGIES Mexicali Corn Tomato & Onion Salad | 15 Cheesesteak on a Roll FEATURED VEGGIES Tater Tots Ranchero Carrots | 16 Chicken Alfredo with Garlic Breadstick Pizza Craveable FEATURED VEGGIES Steamed Broccoli Celery Sticks with Ranch | 17 Stuffed Crust Pizza FEATURED VEGGIES Cherry Tomatoes Cucumber Slices |
| 20 Cheeseburger on a Bun FEATURED VEGGIES Baked Beans Cucumber Slices | 21 Nachos Grande Soft Pretzel Craveable FEATURED VEGGIES Steamed Corn Celery Sticks | 22 French Toast Sticks with Sausage Patties FEATURED VEGGIES Tri Patty Taters Carrot Sticks | 23 Macaroni & Cheese Soft Pretzel Craveable FEATURED VEGGIES Stewed Tomatoes Fresh Pepper Strips | 24 Cheese Pizza FEATURED VEGGIES Steamed Green Beans Fresh Broccoli Florets |
| 27 Popcorn Chicken Bowl with Roll FEATURED VEGGIES Mashed Potatoes Steamed Corn | 28 Beef & Cheese Quesadilla Breadstick Dipper Craveable FEATURED VEGGIES Refried Beans Tomato Salad | 29 Pasta with Meatballs FEATURED VEGGIES Steamed Green Beans Fresh Cucumber Slices | 30 Mini Pierogies Breadstick Dipper Craveable FEATURED VEGGIES Steamed Peas Celery Sticks | |

What is a Meal?
Students must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.

Choice of Vegetable
Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables

Choice of Fruit
Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

Choice of Milk
1% white, fat-free white, fat-free chocolate, fat-free strawberry

Daily Alternates
Fresh Entree Salad of the Week
Craveables
Weekly Cold Cut Sandwiches & Wraps

Monday – Chicken Patty on a Roll
Tuesday – Corn Dog
Wednesday – Maxx Sticks
Thursday – Cheeseburger on a Roll
Friday – Chicken Nuggets

Your Team
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Meal Prices
Student Lunch \$0.00
Reduced Lunch \$0.00
Faculty Lunch \$3.50

