

BABY



Black Bean

Meet Your Nutritious Friend:
Baby Black Bean

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Egg and Cheese on a Croissant Assorted Cereal Bars with Graham Crackers	2 NO SCHOOL!	3 NO SCHOOL!
6 NO SCHOOL!	7 Mini French Toast Assorted Cereal Bars with Graham Crackers	8 Strawberry Pull Apart Bagels Assorted Cereal Bars with Graham Crackers	9 Breakfast Pizza Assorted Cereal Bars with Graham Crackers	10 Dutch Waffle Assorted Cereal Bars with Graham Crackers
13 Mini Maple Pancakes Assorted Cereal Bars with Graham Crackers	14 Mini Cinnamon Toast French Toast Assorted Cereal Bars with Graham Crackers	15 Egg and Cheese on a Croissant Assorted Cereal Bars with Graham Crackers	16 Breakfast Pizza Assorted Cereal Bars with Graham Crackers	17 Apple Strudel Assorted Cereal Bars with Graham Crackers
20 Mini Cinni Rolls Assorted Cereals or Cereal Bar with Graham Crackers	21 Mini Maple Waffles Assorted Cereal Bars with Graham Crackers	22 Cherry Strudel Assorted Cereal Bars with Graham Crackers	23 Breakfast Pizza Assorted Cereal Bars with Graham Crackers	24 Mini French Toast Assorted Cereal Bars with Graham Crackers
27 Mini Maple Pancakes Assorted Cereal Bars with Graham Crackers	28 Mini Chocolate Chip French Toast Assorted Cereal Bars with Graham Crackers	29 Egg and Cheese on a Croissant Assorted Cereal Bars with Graham Crackers	30 Breakfast Pizza Assorted Cereal Bars with Graham Crackers	

What is a Meal?
Students must choose at least 3 of the 4 components available for the school breakfast price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Fruit or Vegetable
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.

Whole Grain Cereals (served with graham crackers)
Cinnamon Toast Crunch, Trix, Cocoa Puffs, Lucky Charms, Froot Loops, Cheerios

Choice of Fruit
Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

Choice of Milk
1% white, fat-free white, fat-free chocolate, fat-free strawberry

Your Team

Tanya Hughes, General Manager
570.874.0468 ext. 2124
ma1152@metzcorp.com

Meal Prices

Student Breakfast	\$0.00
Reduced Breakfast	\$0.00
Faculty Breakfast	\$1.95



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CULINARY MANAGEMENT
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