

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
<b>BRAVO!</b> <b>Pasta!</b> Choice of two daily pasta, alternating daily sauces, fresh baked breads, fresh bruschetta, and herbed parmesan cheese. Customizable for (V)					<b>What is a Meal?</b> Students must choose at least 3 of the 5 components available for the school lunch price. - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk  A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.
	<b>1</b> Beef Enchilada  <b>FEATURED VEGGIES</b> Curly Fries Black Bean Salsa	<b>2</b> Hot Ham and Cheese on a Pretzel Roll  <b>FEATURED VEGGIES</b> Glazed Carrots Diced Tomato & Cucumber	<b>3</b> Grilled Ham & Cheese Classic Toasted Cheese Sandwich (V)  <b>FEATURED VEGGIES</b> Tomato Soup Celery Sticks	<b>4</b> Popcorn Chicken Mashed Potato Bowl with Roll  <b>FEATURED VEGGIES</b> Steamed Corn Broccoli Salad	
<b>BRAVO!</b> <b>Poblano's Mex-American!</b> Choice of soft- or hard-shell tortillas, tortilla chips, seasoned beef, chicken, pork, nacho cheese, topped with ranch refried beans, rice, Mexicali corn, and a variety of salsas. Customizable for (V)					<b>Choice of Vegetable</b> Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables  <b>Choice of Fruit</b> Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice  <b>Choice of Milk</b> 1% white, fat-free white, chocolate, vanilla, and strawberry
<b>7</b> Italian Meatball & Cheese on Toasted Baguette  <b>FEATURED VEGGIES</b> Green Beans Baby Carrots	<b>8</b> Pepper Steak Bowl with Lo Mein Noodles  <b>FEATURED VEGGIES</b> Sweet Chili Brussels Strawberry Spinach Salad	<b>9</b> Cowboy Burger  <b>FEATURED VEGGIES</b> Curly Fries Sliced Cucumbers	<b>10</b> Chicken or Beef Philly Cheesesteak on Toasted Baguette  <b>FEATURED VEGGIES</b> Crinkle Cut Oven Fries Fresh Grape Tomatoes	<b>11</b> Chicken Patty on a Bun  <b>FEATURED VEGGIES</b> Curly Fries Fresh Celery Sticks	
<b>BRAVO!</b> <b>Loaded Potatoes!</b> Choice of Tater Tots or French Fries. Buffalo Chicken, Cheese Steak Meat, Cheese Sauce, Sautéed Vegetables. Customizable for (V)					<b>Choice of Milk</b> 1% white, fat-free white, chocolate, vanilla, and strawberry  <b>Daily Alternates</b> Fresh Entree Salad of the Week  Weekly Cold Cut Sandwiches or Wraps  Spicy or Regular Chicken Patty  Cheeseburger  Chicken Nuggets or Chicken Tenders  BBQ Rib Sandwich  Fresh Made Pizza  (Availability of alternates are subject to change daily.)
<b>14</b> No School	<b>15</b> Orange Chicken with Scallions over Fried Rice  <b>FEATURED VEGGIES</b> Sesame Green Beans Strawberry Spinach Salad	<b>16</b> Dip & Dust Wings with Garlic Knot  <b>FEATURED VEGGIES</b> BBQ Baked Beans Steamed Mixed Veggies	<b>17</b> Turkey & Provolone Sub  <b>FEATURED VEGGIES</b> Side-winder Fries Tomato Mozzarella Salad	<b>18</b> Buffalo Chicken Dip over Tortilla Chips  <b>FEATURED VEGGIES</b> Lemon-Parm Broccoli Baby Carrots	
<b>BRAVO!</b> <b>Texas Smokehouse!</b> Choice of dry-rubbed BBQ chicken or pork, ranch taters, zesty country green beans, BBQ baked beans, slaw, and melons. Choice of brioche roll, Texas toast, biscuits, and a variety of BBQ sauces.					<b>(V) Vegetarian</b> <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i>  <b>(VG) Vegan</b> <i>These items do not contain any animal products</i>
<b>21</b> Hand Rolled Meatballs Spaghetti Garlic Knot  <b>FEATURED VEGGIES</b> Steamed Mixed Veggies Tomato Mozzarella Salad	<b>22</b> Beef or Chicken Nachos Grande  <b>FEATURED VEGGIES</b> Ranch Refried Bean Dip Fresh Pico de Gallo	<b>23</b> Hawaiian Pork Sandwich on Toasted Ciabatta  <b>FEATURED VEGGIES</b> Sweet Potato Fries Fresh Pineapple Slaw	<b>24</b> Build-Your-Own Breakfast Sandwich Customizable for (V)  <b>FEATURED VEGGIES</b> Tri Hash Brown Fresh Cucumbers	<b>25</b> Fresh Dough Classic Stromboli Roll with Marinara  <b>FEATURED VEGGIES</b> Zucchini Parmesan Soup Side Caesar Salad	
<b>BRAVO!</b> <b>Mac &amp; Cheese!</b> Choice of house made cheese sauce, taco beef, pulled pork, buffalo chicken, or chili. Topped with roasted lemon-parmesan broccoli, sautéed red peppers, and choice of shredded cheese. Customizable for (V)					
<b>28</b> Chicken Nuggets with Buttered Noodles  <b>FEATURED VEGGIES</b> Cheesy Carrot Casserole Broccoli Salad	<b>29</b> Beef Tacos  <b>FEATURED VEGGIES</b> Steamed Golden Corn Baby Carrots	<b>30</b> Smoky Turkey Chili with Warm Cornbread & Crackers  <b>FEATURED VEGGIES</b> Curried Chickpea Salad Fresh Cauliflower	<b>31</b> Cheese Flatbread Quesadilla (V)  <b>FEATURED VEGGIES</b> Steamed Garden Peas Tomato Mozzarella Salad		
<b>Tanya Hughes, General Manager</b> 570-874-0466 ext. 2121 <a href="mailto:ma1152@metzcorp.com">ma1152@metzcorp.com</a>			<b>Meal Prices</b> Student Lunch \$0.00 Reduced Lunch \$0.00 Faculty Lunch \$3.50		

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

