

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Daily Offerings:</b> Chef Salad with Dinner Roll or Turkey & Spinach Roll Up Craveable				
				1  Mac and Cheese <b>FEATURED VEGGIES</b> Stewed Tomatoes Broccoli Salad
<b>Daily Offerings:</b> Crispy Chicken Salad with Dinner Roll or Turkey, Cheddar & Bacon Flatbread				
4  Popcorn Chicken Bowl with Mashed Potatoes  <b>FEATURED VEGGIES</b> Green Beans Baby Carrots	5  Chili Cheese Dog  <b>FEATURED VEGGIES</b> Steak Fries Strawberry Spinach Salad	6  Cowboy Burger  <b>FEATURED VEGGIES</b> Sweet Chili Brussels Sliced Cucumbers	7  Salisbury Steak  <b>FEATURED VEGGIES</b> Buttered Noodles Fresh Grape Tomatoes	8  Chicken Parm Sandwich  <b>FEATURED VEGGIES</b> Green Beans Chickpea Salad
<b>Daily Offerings:</b> Strawberry Spinach Salad with Dinner Roll or Walking Taco Craveable				
11  Pasta with Meatballs  <b>FEATURED VEGGIES</b> Steamed Carrots Celery Sticks	12  Walking Taco  <b>FEATURED VEGGIES</b> Steamed Corn Caesar Side Salad	13  Bacon Cheeseburger  <b>FEATURED VEGGIES</b> BBQ Baked Beans Steamed Mixed Veggies	14  Orange Chicken with Rice  <b>FEATURED VEGGIES</b> Steamed Broccoli Tomato Mozzarella Salad	15  Buffalo Chicken Dip over Tortilla Chips  <b>FEATURED VEGGIES</b> Steamed Green Beans Baby Carrots
<b>Daily Offerings:</b> Entrée Garden Salad with Dinner Roll or Ham & Cheese Pretzel Sandwich				
18  Chicken Tenders with Seasoned Rice  <b>FEATURED VEGGIES</b> Steamed Mixed Veggies Garden Side Salad	19  Nachos Grande  <b>FEATURED VEGGIES</b> Ranch Refried Bean Dip Salsa	20  Chicken Parmesan with Pasta  <b>FEATURED VEGGIES</b> Roasted Carrots Fresh Pineapple Slaw	21  <u><b>Breakfast for Lunch:</b></u> French Toast Sticks Breakfast Sausage  <b>FEATURED VEGGIES</b> Tri Hash Brown Fresh Cucumbers	22  Cheeseburger Tater Tot Bowl  <b>FEATURED VEGGIES</b> Roasted Zucchini Caesar Side Salad
<b>Daily Offerings:</b> Taco Salad or Italian Hoagie				
25  NO SCHOOL!	26  Chicken Fajita  <b>FEATURED VEGGIES</b> Steamed Golden Corn Celery Sticks	27  Chicken Alfredo over Penne Pasta with Garlic Toast  <b>FEATURED VEGGIES</b> Chickpea Salad Baby Carrots	28  General Tso Chicken  <b>FEATURED VEGGIES</b> Steamed Broccoli Tomato Mozzarella Salad	29  Maxx Sticks  <b>FEATURED VEGGIES</b> Steamed Garden Peas Apple Cider Slaw
<b>Your Team</b> Tanya Hughes, General Manager 570.874.0468 ext. 2124 <a href="mailto:ma1152@metzcorp.com">ma1152@metzcorp.com</a>		<b>Meal Prices</b> Student Lunch \$0.00 Reduced Lunch \$0.00 Faculty Lunch \$3.50		

**What is a Meal?**  
Students must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.

**Choice of Vegetable**  
Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables

**Choice of Fruit**  
Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

**Choice of Milk**  
1% white, fat-free white, fat-free chocolate, fat-free strawberry

**Daily Alternates**  
Fresh Entree Salad of the Week Craveables  
Weekly Cold Cut Sandwiches & Wraps

**Monday** – Corn Dog  
**Tuesday** – Chicken Nuggets  
**Wednesday** – Chicken Nuggets  
**Thursday** – Cheeseburger  
**Friday** – Chicken Patty

Friday May 1<sup>st</sup> is School Lunch Hero Day! Make sure to thank our amazing cafeteria staff for all that they do for our students and staff! You are appreciated!



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

