



Monday	Tuesday	Wednesday	Thursday	Friday		
2 No School Holiday Break	3 Pizza Steamed Carrots Celery Sticks Choice of Fruit	4 Cheeseburger Steamed Broccoli Fresh Salad Choice of Fruit	5 BBQ Rib Sandwich Steamed Corn Grape Tomatoes Choice of Fruit	6 NO DINNER	<p>What is a Meal? Students must choose at least 3 of the 5 components available for a reimbursable dinner.</p> <ul style="list-style-type: none"> - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable dinner.</p> <p>Choice of Milk 1% white, fat-free white, fat-free chocolate</p>	
9 Popcorn Chicken Curly Fries Fresh Sliced Cucumbers Choice of Fruit	10 Hot Ham and Cheese Sandwich Steamed Mixed Vegetables Fresh Broccoli Choice of Fruit	11 Hamburger Steamed Peas Fresh Pepper Strips Choice of Fruit	12 Chicken Patty on a Roll Steamed Green Beans Grape Tomatoes Choice of Fruit	13 NO DINNER		
16 Chicken Nuggets Tater Tots Baby Carrots Choice of Fruit	17 Pizza Steamed Carrots Celery Sticks Choice of Fruit	18 Cheeseburger Steamed Broccoli Fresh Salad Choice of Fruit	19 BBQ Rib Sandwich Steamed Corn Grape Tomatoes Choice of Fruit	20 NO DINNER		
23 No School Holiday Break	24 No School Holiday Break	25 No School Holiday Break	26 No School Holiday Break	27 No School Holiday Break		
30 No School Holiday Break	31 No School Holiday Break					
<p>Tanya Hughes, General Manager 570.874.0446 ext. 2124 ma1152@metzcorp.com</p>			<p>Meal Prices Student Dinner \$0.00 Reduced Dinner \$0.00</p>			
						<p>(V) Vegetarian <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i></p> <p>(VG) Vegan <i>These items do not contain any animal products</i></p>
						