



Monday	Tuesday	Wednesday	Thursday	Friday
Popcorn Chicken Tater Tots Baby Carrots Choice of Fruit	Hot Ham and Cheese on a Pretzel Roll Steamed Mixed Vegetables Celery Sticks Choice of Fruit	Hamburger on a Roll Steamed Peas Side Salad Choice of Fruit	Chicken Patty on a Roll Steamed Green Beans Grape Tomatoes Choice of Fruit	1  NO DINNER
4  Chicken Nuggets French Fries Baby Carrots Choice of Fruit	5  Pizza Steamed Carrots Celery Sticks Choice of Fruit	6  Cheeseburger on a Roll Steamed Broccoli Side Salad Choice of Fruit	7  BBQ Rib Sandwich Steamed Corn Grape Tomatoes Choice of Fruit	8  NO DINNER
11  Popcorn Chicken Tater Tots Baby Carrots Choice of Fruit	12  Hot Ham and Cheese on a Pretzel Roll Steamed Mixed Vegetables Choice of Fruit	13  Hamburger on a Roll Steamed Peas Side Salad Choice of Fruit	14  Chicken Patty on a Roll Steamed Green Beans Grape Tomatoes Choice of Fruit	15  NO DINNER
18  NO DINNER	19  NO DINNER	20  NO DINNER	21  NO DINNER	22  NO DINNER
25  NO SCHOOL	26  NO DINNER	27  NO DINNER	28  NO DINNER	29  NO DINNER

**What is a Meal?**

Students must choose at least 3 of the 5 components available for a reimbursable dinner.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum 1/2 cup serving of fruit or vegetable must accompany a reimbursable dinner.

**Choice of Milk**

1% white, fat-free white, fat-free chocolate

**Your Team**

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**Meal Prices**

After-school supper is available to students in grades K-12 for free when school is in session.

