NORTH SCHUYLKILL HIGH SCHOOL LUNCH MENU

November 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Orange Chicken over Rice **Steamed Broccoli** **Cucumber Slices**	**3** Beef and Cheese Nachos **Golden Corn** **Strawberry Spinach Salad**	**4** French Toast Sticks with Sausage Links **Tri Patty Taters** **Carrot Sticks**	**5** Macaroni & Cheese with Dinner Roll (V) **Steamed Garden Peas** **3-Bean Salad**	**6** **NO SCHOOL**
Daily Offerings: Chicken Caesar Salad with Dinner Roll | Turkey & Cheese Pretzel Sandwich				
9 General Tso's Chicken with Rice **Steamed Broccoli** **Romaine Salad**	**10** Cheese Chicken Enchilada Soup **Seasoned Black Beans** **Tomato Salad**	**11** Chicken Parm with Pasta **Steamed Green Beans** **Fresh Cucumber Slices**	**Thanksgiving Meal** **12** Turkey with Gravy Mashed Potatoes and Stuffing Sweet Potatoes Mixed Veggies Cole Slaw Cranberry Sauce Apple Crisp	**13** Toasted Pizza Flatbread Sandwich **Roasted Zucchini** **Red Pepper Strips**
Daily Offerings: Chef Salad with Dinner Roll | Turkey & Spinach Roll-up Craveable				
16 Chicken Nuggets with Roll **Oven Fries** **Baby Carrots**	**17** Chicken Burrito Bowl **Mexican Corn** **Caesar Salad**	**18** Cowboy Burger **Baked Beans** **Green Pepper Strips**	**19** Toasted Cheese Sandwich (V) **Tomato Soup** **Corn Salad**	**20** Cheese Ravioli **Steamed Brocoli** **Cucumber Slices**
Daily Offerings: Crispy Chicken Salad with Dinner Roll | Turkey, Cheddar & Bacon Flatbread				
23 Chicken & Biscuit **Mashed Potatoes** **Broccoli Salad**	**24** Chicken & Cheese Quesadilla **Steamed Corn** **Salsa**	**25** Chicken Patty **Steamed Corn** **Carrot Sticks**	**26** **NO SCHOOL**	**27** **NO SCHOOL**
Daily Offerings: Strawberry Spinach Salad with Dinner Roll | Nachos Craveable				
30 **NO SCHOOL**				
Daily Offerings: Garden Salad with Dinner Roll | Ham & Cheese Pretzel Sandwich				

MAKE IT A MEAL!

Choose at least 3 of 5 meal components for the school lunch price:
Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a lunch.

Lunch Prices

Student	$0.00
Adult	$3.75

Available Daily

Monday – Corn Dog
Tuesday – Chicken Nuggets
Wednesday – BBQ Rib Sandwich
Thursday – Cheeseburger
Friday – Chicken Patty

Fruit & Veggie Selection

Students may choose up to two ½ cup servings of fruits and vegetables.

Milk Selection

Fat Free Chocolate
1% Strawberry
1% White

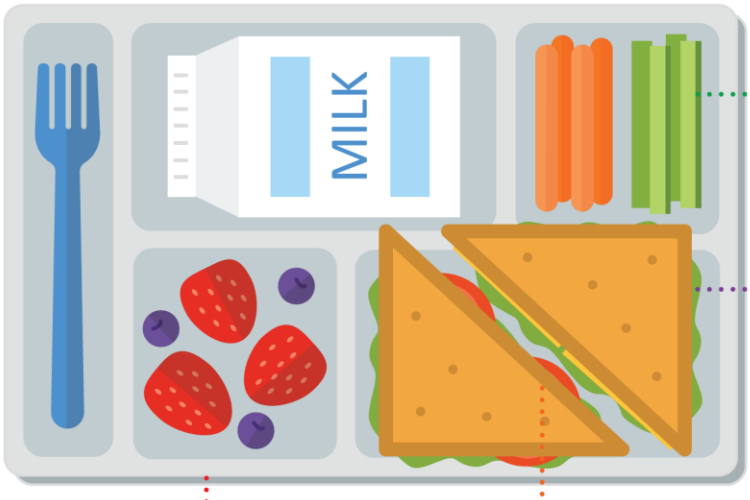
Your Dining Services Team

Tanya Hughes
General Manager
(570) 874-0468 ext. 2124
thughes@northschuylkill.net

(V) Vegetarian | (VG) Vegan
(GF) Gluten-Free | (H) Halal

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

Metz CULINARY MANAGEMENT ENVIRONMENTAL SERVICES



MILK IS MIGHTY
Non-fat and low fat options. Flavors like chocolate and strawberry. Calcium builds bones and teeth!

GNAW ON RAW
Veggie Patch, salad, and cooked. Veggies have fiber for digestion

POWER UP WITH PROTEIN
Meat, cheese, eggs, yogurt, and peanut butter. Protein helps us grow!

WHOLE GRAINS = WHOLE PACKAGE
Bread, cereal, and crackers. Grains give us energy!

PURSUIT FOR FRUIT
Fresh, cupped, or 100% juice, fruit is nutrient-packed!

WHAT IS A SCHOOL LUNCH?

You must choose at least **3** of **5** meal components for the school lunch price:

Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum of ½ cup serving of fruit or ½ cup serving of vegetables must accompany a school lunch.

schoolcafé

View menus on the go! SchoolCafe provides an easy way to view our menus and manage your account.

Welcome to November!

This month we are celebrating Thanksgiving with our holiday meal! We will be serving up a meal of Turkey with all the fixings!

This month is also Pretzel Take Over! Students can look for Soft Pretzels on Ala Carte and Pretzel Roll Sandwiches!

November Food Holidays

- November 6th – Nachos Day
- November 11th – Sundae Day
- November 14th – Pickle Day
- November 23rd – Espresso Day
- November 30th – Mousse Day

YOUR DINING SERVICES TEAM
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