NORTH SCHUYLKILL HIGH SCHOOL LUNCH MENU

September 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 Chicken & Biscuit **Mashed Potatoes** **Broccoli Salad**	**1** Chicken & Cheese Quesadilla **Steamed Corn** **Salsa**	**2** Asian Sesame Chicken over Rice **Steamed Broccoli** **Carrot Sticks**	**3** Salisbury Steak **Buttered Noodles** **Mandarin Spring Salad**	**4** **No School**
Daily Offerings: Strawberry Spinach Salad with Dinner Roll | Nachos Craveable				
7 **No School**	**8** Beef Soft Tacos **Refried Beans** **Lettuce & Tomato**	**9** Chili Con Carne **Glazed Carrots** **Broccoli Salad**	**10** Italian Toaster Sandwich **Curly Fries** **Apple Cider Slaw**	**11** Buffalo Chicken Dip with Tortilla Chips **Honey Cinnamon Sweet Potato** **Corn Salad**
Daily Offerings: Garden Salad with Dinner Roll | Ham & Cheese Pretzel Sandwich				
14 Breaded Chicken Tenders **Crinkle Cut Fries** **Chickpea Salad**	**15** Walking Taco with Pretzel Stick **Seasoned Black Beans** **Garden Side Salad**	**16** Chicken Alfredo over Penne with Breadstick **Steamed Broccoli** **Celery Sticks with Ranch**	**17** **Back to School Carnival!** Chil Cheese Dog Cowboy Burger **Waffle Fries** **Green Pepper Strips**	**18** Pulled Pork Sandwich **Steamed Green Beans** **Baby Carrots**
Daily Offerings: Taco Salad | Italian Hoagie				
21 Orange Chicken over Rice **Steamed Broccoli** **Cucumber Slices**	**22** Loaded Nachos **Golden Corn** **Strawberry Spinach Salad**	**23** French Toast Sticks with Sausage Links **Tri Patty Taters** **Carrot Sticks**	**24** Macaroni & Cheese with Dinner Roll (V) **Steamed Garden Peas** **3-Bean Salad**	**25** Italian Dunkers with Marinara (V) **Mixed Veggies** **Carrot & Raisin Salad**
Daily Offerings: Chicken Caesar Salad with Dinner Roll | Turkey & Cheese Pretzel Sandwich				
28 General Tso's Chicken with Rice **Steamed Broccoli** **Romaine Salad**	**29** Beef Enchilada **Seasoned Black Beans** **Tomato Salad**	**30** Chicken Parmesan with Pasta **Green Beans** **Fresh Cucumber Slices**	**1** Chicken & Mashed Potato Bowl with Roll **Mashed Potatoes** **Baby Carrots**	**2** Toasted Pizza Flatbread Sandwich **Roasted Zucchini** **Red Pepper Strips**
Daily Offerings: Chef Salad with Dinner Roll | Turkey & Spinach Roll-up Craveable				

MAKE IT A MEAL!

Choose at least 3 of 5 meal components for the school lunch price:
Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a lunch.

Lunch Prices

Student	$0.00
Adult	$3.75

Available Daily

Monday – Corn Dog
Tuesday – Chicken Nuggets
Wednesday – BBQ Rib Sandwich
Thursday – Cheeseburger
Friday – Chicken Patty

Fruit & Veggie Selection

Students may choose two ½ cup servings.

Milk Selection

Low Fat Chocolate
1% Strawberry
1% White

Daily Pizza

Cheese, Pepperoni, Buffalo Chicken

Your Dining Services Team

Tanya Hughes
General Manager
(570) 874–0468 ext. 2124
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(V) Vegetarian | (VG) Vegan
(GF) Gluten-Free | (H) Halal

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

Metz
CULINARY MANAGEMENT
ENVIRONMENTAL SERVICES